



March/April 2022

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## Message from the President

Hello Spring! We've been waiting for you! We couldn't be more ready for spring! I hope everyone is getting excited for another great summer at Bear Creek Swim and Tennis Club, making family memories that will last forever.

The board has been busy working during our off-season to ensure a safe and fun facility. Budgets are in place and plans for various projects are in the works.

We are working to make sure that the facility runs smoothly. Employees are being hired. If you have a teen that is interested in being a lifeguard, please have them fill out an application which is located on our website; [www.bestc.org](http://www.bestc.org) on the Hire/Employment Application page. Guards need to be at least 15 years old, and current on their certifications.

We would like to welcome our new tennis coordinators, **Amber Todd** and **Colleen Stout**. We also would like to welcome back our returning Tennis Pro, **Ryan Freeman**!

The tennis courts are starting to see lots of action. Adult leagues are beginning!

As a reminder, our club is not yet officially open until Memorial Day weekend. If you are using the tennis courts before the club opens, please lock the gate during AND after playing tennis. We have had people who are not members wander into the club using the open gate. It would be a shame for our summer home to be vandalized or robbed.

Spring statements were mailed March 1st to all members that owed a balance of membership dues. Please make sure that

your membership dues are paid in full by April 1, 2022 to avoid the spring late fee. Members who do not have their membership dues and fees paid by April 15, 2022 (please note this earlier date), may result in termination.

We have a waiting list of over 400 families and 135 empty nesters waiting to get into our great club!

Mark your calendars for our annual Spring Cleanup on Saturday, May 7 and Saturday, May 14, from 9a.m.-4p.m.

Thank You,  
John Wilson  
President  
720-297-0713 [jamwjam@comcast.net](mailto:jamwjam@comcast.net)



# Membership News

The Membership Chair is actively working to retain and recruit members for Bear Creek Swim and Tennis Club. We ended the 2021 season with 400 members! Let's try to keep our numbers strong with your help.

You can help us by:

- Making sure your dues are paid on time. Statements were mailed out March 1 to all members still owing money; dues to be paid in full by April 1 to avoid a \$25 late fee charge. Again this year, we are now accepting payments by method of VISA/MC on PayPal via our website; [www.bcstc.org](http://www.bcstc.org). For those of you who paid in full by November 1, 2021, look for your \$30 guest pass in the mail in May! Thanks for paying early and in full.
- Members who have not paid their membership dues by **April 15th** will be subject to termination per our bylaws.
- The club facilities cannot be used until all dues and fees are paid in full.
- We do offer an "empty-nester" membership for \$200 less (\$400 instead of \$600); however we do have a lengthy waiting list at this time. That membership can include up to two adults living within the same household, **no** children. This is perfect for retirees who still want to swim and play tennis. These are limited to 50 memberships.

If you have membership questions or would like me to send an information packet to a prospective member, let me know! Enjoy your summer at Bear Creek!

Michelle Hannigan  
303-986-1762

**Member Directory** - 2022 directories will be available to purchase at the concession stand in June for \$2.00 or you may request a free PDF copy for your computer. To receive a PDF copy, please send your request to [info@bcstc.org](mailto:info@bcstc.org). Membership directories come out about every other year. If you do not wish to be in the directory, or would only like to share only certain information (e-mail only, etc.) in the directory, please e-mail [info@bcstc.org](mailto:info@bcstc.org) with your request. Bear Creek does not sell our membership list to vendors, etc.





# TENNIS

## Adult Programs

**Adult Drill Sign Up** - Participants will be required to sign up for ALL drills (including 1/2 Price Saturday drills) on the tennis reservation website: <https://www.reservemycourt.com> If you do not have a user name and password, you will need to create one. Please email Amber or Colleen at [bearcreektennis1@gmail.com](mailto:bearcreektennis1@gmail.com) to get the unique code for BCSTC.

**Saturday Drills** - 9:00-10:30a.m. for 3.5+ players and 10:30a.m.-12:00p.m. for 2.5 - 3.0 players beginning April 9, \$20 per person (please pay the pros directly)

**Adult Drills** - Take your game up a notch OR practice for league play! Join the pro for an hour of drills to work on specific skills and strategies.

Wednesdays beginning June 1, (2.5 - 3.0) & Fridays beginning June 3, (3.5+), 11:00a.m.-noon  
Cost is \$15 paid to the Pro

**Evening Drills** - Thursdays, 6:00-7:00p.m. (2.5 - 3.0) players and 7:00-8:00p.m. (3.5+) players  
Cost is \$15 paid to the Pro

**Cardio Tennis** - On and off court workout and drills to help with speed, core strength and get the heart rate up!

Wednesdays, 6:00-7:00a.m. and 7:00-8:00a.m.  
Cost is \$15 paid to the Pro

**Quick Start for Adults** - This is a beginner class designed for adults who want to learn the basics on how to play tennis. Interested players may call Ryan directly to set up a time.

**Private Lessons** - Private lessons are the best way to improve your tennis skills, as there is no substitute for one-on-one instruction! This is the perfect addition to group lesson programs where students learn proper fundamentals by receiving the additional attention you need to improve dramatically. Contact **Ryan** by email at [ryan@ryanfreemantennis.com](mailto:ryan@ryanfreemantennis.com) or by phone or text at 240-731-3872 for information and to set up lessons.

It's a whole new Ball Game!



It's a whole new Ball Game!



## Junior Tennis Lessons:

Two 4-week sessions – (Wed/Fri)

Red Ball \$90 per 4 week session  
Orange Ball \$120 per 4 week session  
Green Dot \$140 per 4 week session

Session #1 (June 1, 3, 8, 10, 15, 17, 22, 24)

Session #2 (July 6, 8, 13, 15, 20, 22, 27, 29)

Red Ball (Ages 4–7) 8:00 – 8:45am

Orange Ball (Ages 7–10) 10:15 – 11:00am

Green Dot (Ages 10-13) 9:00 – 10:00am

Contact Ryan Freeman for questions. Sign-up at [ryanfreemantennis.com](http://ryanfreemantennis.com)

## USTA Junior Team Tennis:

June 1st - July 25th

Cost - \$275.00

(Includes USTA registration fee, all practices, team t-shirt, home and away matches.

USTA Levels of Play: Futures, Challenger B, Challenger A, Championship

Practices held Wednesday & Friday

10 & under – 1:00-2:00pm

12 & under – 2:00-3:00pm

14 & under and 18 & under – 3:00-4:00pm

Monday Match Schedule:

6/6, 6/13, 6/20, 6/27, 7/11, 7/18, 7/25

State Championships August 5 - 7

8:00am — 10 & Under Boys and Girls (60' court)

9:30am — 12 & Under Boys and Girls

11:00am — 14 & Under Boys and Girls

12:30pm — 18 & Under Boys and Girls

End of season party 7/27

Register at [ryanfreemantennis.com](http://ryanfreemantennis.com)

## Registration and Payment

Due by April 14, 2022

Questions – Ryan Freeman at [bearcreektennis1@gmail.com](mailto:bearcreektennis1@gmail.com)



THIS IS WHERE WIN OR LOSE,  
WE PLAY AS ONE.

THIS IS MY TEAM.



In Jr. Team Tennis, six kids play, cheer and train like one. Their individual strengths add up to a true team spirit. Every kid feels every shot because they are all on the same side. Watch them grow in more ways than one with Jr. Team Tennis. Sign up today. **Are you in?**

JOIN THE ACTION TODAY.



## ADULT TENNIS MIXERS

Adult Mixer dates are June 24, July TBD, August 26.

Times for adult mixers are scheduled to begin at 6:00p.m. but may start later if make-up league matches are played on Friday evenings.

The first mixer scheduled for Friday, June 24 is FREE. The mixers scheduled in July and August are \$10 per person.

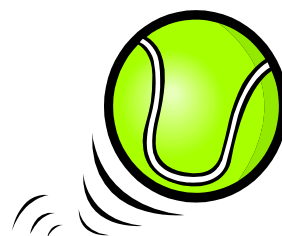
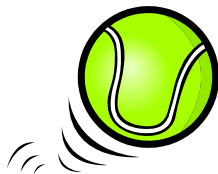
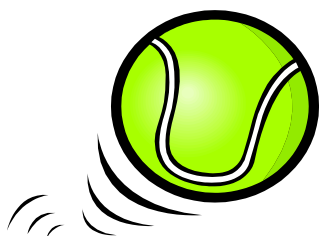
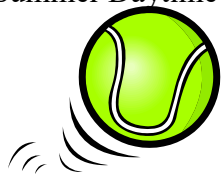
The Pro will provide tennis balls, hot dogs, hamburgers, and chips. Please bring your own beverages, and a dish (side or dessert) to share. All members are welcome to attend!

To ensure proper staffing of our tennis pros, please sign up on ReserveMyCourt by 7:00p.m. the evening before the Mixer.



## USTA COLORADO LEAGUE DATES

LEAGUE	MINIMUM ROSTER DEADLINE	SEASON STARTS	SEASON ENDS	DISTRICT CHAMPIONSHIPS
Trio League	February 25	March 19	April 23	N/A
USTA Mixed 18 & over	March 4	April 3	May 15	June 3 - 5
USTA Adult 18 & over	March 11	April 18	June 2	June 24 - 26
USTA Adult 55 & over	April 1	April 27	July 1	July 15 - 17
CTA Women's Daytime Doubles	April 1	May 10	June 23	N/A
USTA Mixed 40 & over	April 29	May 22	July 3	July 22 - 24
USTA Adult 40 & over	May 6	June 6	July 21	August 19 - 21
CTA Adult 18 - 39	May 6	June 6	July 21	N/A
CTA Women's 2.5 League	May 6	June 8	July 20	N/A
ITA Mixed	June 10	July 5	August 19	September 16-18
CTA Twilight	June 17	July 25	September 8	N/A
CTA Women's Summer Daytime	July 1	August 1	September 14	N/A





## MORE TENNIS NEWS

### Welcome! Our NEW Tennis Coordinators, Amber Todd and Colleen Stout!

For questions regarding Adult League play, Junior Team Tennis, Adult or Junior Drills, send an email to Colleen or Amber at [bearcreektennis1@gmail.com](mailto:bearcreektennis1@gmail.com).

### Welcome our returning Head Tennis Pro, Ryan Freeman!

Ryan will be offering private, semi-private & team lessons for adults and kids this summer. For more information, contact Ryan at [ryan@ryanfreemantennis.com](mailto:ryan@ryanfreemantennis.com)

### Online Court Reservation System:

Again this year, you will be required to sign up for all drills on the tennis reservation website: <https://www.reservemycourt.com> If you do not have a user name and password, you will need to create one. Please email Amber or Colleen at [bearcreektennis1@gmail.com](mailto:bearcreektennis1@gmail.com) to get the unique code for BCSTC. Click on the FAQ tab at the top and read the instructions toward the bottom of the page.

### Adult Leagues:

REMINDER! The following deadlines are coming up:

April 1 - USTA Adult 55 & Over

April 1 - CTA Women's Daytime

April 29 - USTA Mixed 40 & over

May 6 - CTA Adult 18-39

May 6 - USTA Adult 40 & over

May 6 - CTA Women's 2.5

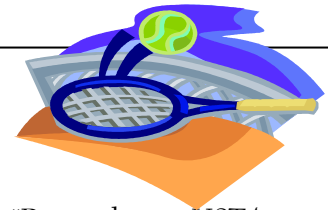
If you are interested in playing in any of these leagues, send an email to [bearcreektennis1@gmail.com](mailto:bearcreektennis1@gmail.com)

### Interclub Tournaments

Memorial Day Tournament - Monday, May 30th

4th of July Tournament - Monday, July 4th

End of the Season Tournament & Celebration - Monday, September 5th



### STEPS FOR TENNIS SIGN-UP

1. Go to the USTA Home Page / Web Site @ [www.usta.com](http://www.usta.com)
2. Once there, click on "Tennis Link" in the top navigation (3<sup>rd</sup> tab from the left).
3. On the initial Tennis Link page, scroll down to the middle of the page where it says, "Do you have a USTA account?" and log in. If you don't have a USTA membership, click the link that says, "Don't have a USTA account?" and pay for your membership.
4. After you log in, you should see a message that says, "Welcome! Your First & Last Name."
5. On the right side of the page, click the link that says, "Register for a Team."
6. Enter your USTA Number (probably auto-filled) and the Team Number that was provided to you by your Team Captain or Tennis Coordinator (STEP 1). After you have entered the data, click on "Continue."
7. On the next page, you will verify the information that you entered. Once you are satisfied all is correct (click on "Click Back" to change any of the information), you will enter your Credit Card information (STEP 3), then click on "Continue"
8. Following this step, you will be asked to wait until your card has been processed, followed by a "Congratulations" screen, where you will see a summary / receipt of your registration. It would be a good idea to click on "Print" for a hardcopy of your receipt.
9. That should be it. Good luck, and if you have any troubles, call your BCSTC Team Captain or Tennis Coordinator; Kate Anderson! You can also look up other tennis information on our website; [www.bcstc.org](http://www.bcstc.org)

## SWIM TEAM NEWS

We have a NEW Coach!

Joy Curry will be our new swim team coach this summer! She plans to focus on instructing stroke basics for beginners and technique efficiency to advanced swimmers. For most of her life, Jo has either trained in the pool or coached swimming...

From the age of four through her high school years, Jo competed with various recreational and USA swim clubs in California and Texas. During her collegiate years at SFASU, Jo lettered in volleyball as an All-American with the Ladyjacks, but she never strayed too far from the pool.

Jo taught swimming lessons since the age of 16 and has coached for over 25 years for all levels of swimmers. She holds a doctorate degree in nutrition and exercise physiology and currently teaches college at Red Rocks Community College and Colorado Christian University. She enjoys gardening, yoga, outdoor sports and spending time with family and friends.

She is so excited to get started and be a part of the Bear Creek Community!

- A reminder that swim team registration is open through May 15. Register on the swimtopia website. The team suit fitting is May 18 at 3:30p.m. Please note that team suits are not required but are encouraged. Team suits will also be available for purchase at Out of Breath Sports, 42 East Arapahoe Road, Littleton, (303) 798-5037. In addition to our team suit fitting, we will be offering our first opportunity to order our NEW 2022 Swim Team Gear, including T-shirts, hoodies and more! Cost is \$175 for the first swimmer, \$160 for the second swimmer, and \$135 for each additional swimmers.

**\*\*\*May 15\*\*\*** Mark your calendars for a mandatory parent meeting, 3:45p.m. & 4:45p.m. See you May 16th for the first practice of the new season! Questions? Email [bearcreekswim@gmail.com](mailto:bearcreekswim@gmail.com)

## Tennis

Ryan Freeman is a Certified USPTA Pro with 25 years of experience. He has taught all ages from 3 years to 90. A few years ago, he served as the Head Coach for Team USA for the World University Games. Ryan spent a month in China with our top NCAA players competing. He has worked at all types of clubs from elite country clubs to swim and tennis clubs. Ryan also teaches special ed at Ranch View Middle School and has three daughters ages 9-12. He is originally from the Palmetto State of SC and a graduate of Clemson University.





*Bear Creek Swim & Tennis Club*

*P.O. Box 27412*

*Lakewood, CO 80227*

## BOARD OF DIRECTORS

President: John Wilson

Vice President: George Stieduhar

Treasurer: Melissa Gray

Membership: Michelle Hannigan

Secretary: Colleen Stout

Welcome our new members (who will serve a two year term):

Marnie Bromby

Liz Crowell

Paul Daghlion

Troy Freeman

Aaron Risch

Paul Welte

Returning Board Members (serving the second year of their two year term):

Scott Eckels

Matt Riley

Amber Todd

Brian Vigil

*THANKS TO EVERYONE WHO CONTRIBUTES TO  
MAKE BEAR CREEK SWIM AND TENNIS CLUB A  
WONDERFUL CLUB FOR ALL OF US!!!*

