

TADISO TIMES

ISSUE 254

December 2023

BREAKING NEWS

Tadiso will be closed on Christmas Day. The take-home schedule is as follows:

13 DAY PICK-UP

December 11 pickup will get 15 bottles coming back on December 27. Then they will get 11 bottles and return on January 8, 2024, on their regular schedule.

6 DAY PICK-UP

December 18 pickup will get 7 bottles and return on December 26 and get 5 bottles. Then they will be on regular schedule.

BI-WEEKLY PICK-UP MONDAY/THURSDAY

December 21 pickup will get 6 bottles and return to regular schedule.

WEEKEND PICK-UP

The weekend people will get 3 bottles on Friday December 22 and will return on Tuesday, their regular day.

MWF people will get 4 bottles on Friday December 22 and will return on Wednesday December 27 so they will be back on schedule.

Daily pick up on December 23 will get 2 bottles and return on the 26th

If you miss Saturday December 23, you will not be able to receive medication until Tuesday December 26th.

Keep Kids Safe

We've all seen the news or read the stories.

Child got into legal or illicit substances that were unattended in the home. Child was rushed to the hospital and dies from accidental poisoning.

As adults, we have to be responsible for keeping kids from harmful substances.

Please keep your take home medication in a SAFE place. Accidental poisonings, medicine theft, and misuse can lead to serious injury and death.

Keep kids in your home safe. When you receive your take home medication, immediately place it in a safe place out of children's reach.

Stop the risk!!!



SATURDAY CLOSURES.....Due to staffing issues with dispensing nurses, Tadiso had to close on 2 Saturdays in November. Take home medication was given on the day before. Please watch for signs regarding other closures due to staffing or weather. Also, please check Tadiso's facebook page for updates.

We do not want you to miss your medication.



Do you appreciate take home privileges??
If you do, take notice:

Selling your take home medication will result in losing all take home privileges.

We are trusting patients to handle medication responsibly.



Winter is Coming—A message from the Wellness Department

With the holidays and colder weather approaching, now is the time for everyone to take extra precautions keeping themselves and others healthy and hopefully sick-free so that we can all enjoy the festivities with loved ones. No one wants COVID for Christmas so please let's all do our due diligence! If you are feeling under the weather, talk to your Supervisor and HR about staying home and consider wearing a mask so that others within close proximity have a lesser risk of catching any illnesses. Be conscientious about touching your face – especially rubbing your eyes, wiping your nose and touching your mouth. Wash your hands and sanitize your hands and workspace frequently as well in order to prevent the spread of germs. Give your immune system a boost by consuming healthy foods especially those high in vitamin c and zinc and stay hydrated! Overall, take care of yourselves, listen to your bodies and don't ignore the signs and symptoms of being sick!



Check out this Good RX article about the different OTC cold and flu medications and how to choose the right ones.

[How to Choose the Best Cold and Flu Medication - GoodRx](#)

TAKE NOTE:

Do not break the law on or around Tadiso property. Confidentiality regulations are waived when a crime is committed. We are permitted to give your identifying information to the police if you steal, assault someone, damage property, or deface property, etc.....

WORLD AIDS DAY

Every year, World AIDS Day is held on December 1st to raise awareness of the AIDS pandemic and to mourn those who have died from the disease.



Hanukkah 2023 starts at nightfall on Thursday, Dec. 7, 2023, which is when the first candle is lit. Hanukkah is the Jewish eight-day, wintertime “festival of lights,” celebrated with nightly menorah lightings.



Christmas is a Christian holiday celebrating the birth of Jesus Christ.

If you would like to see information about other religious holidays in this newsletter, leave a note in the black box on Khristian's desk!



Kwanzaa is a week-long holiday held annually from December 26 to January 1. Fundamentally, it celebrates family, culture, community, and the harvest.