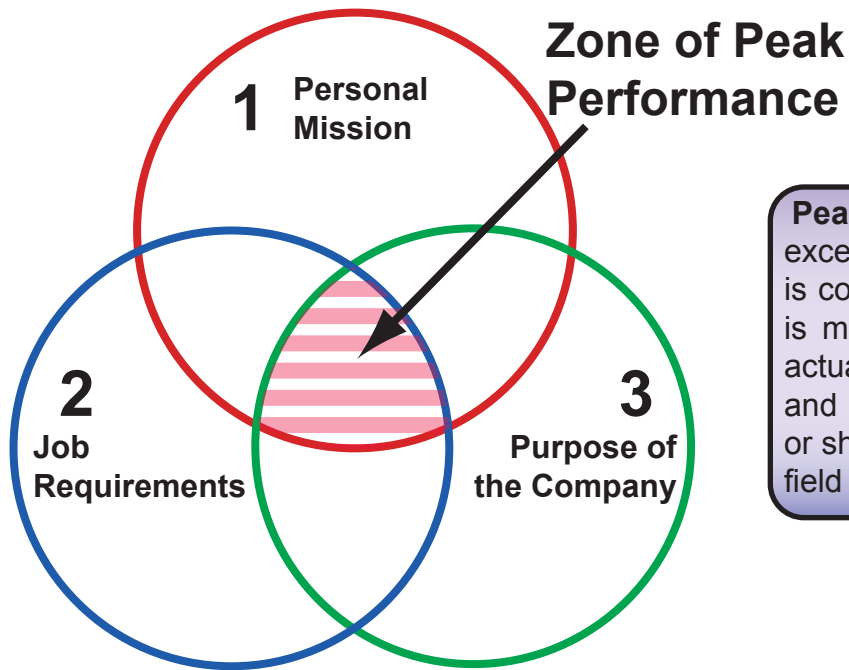
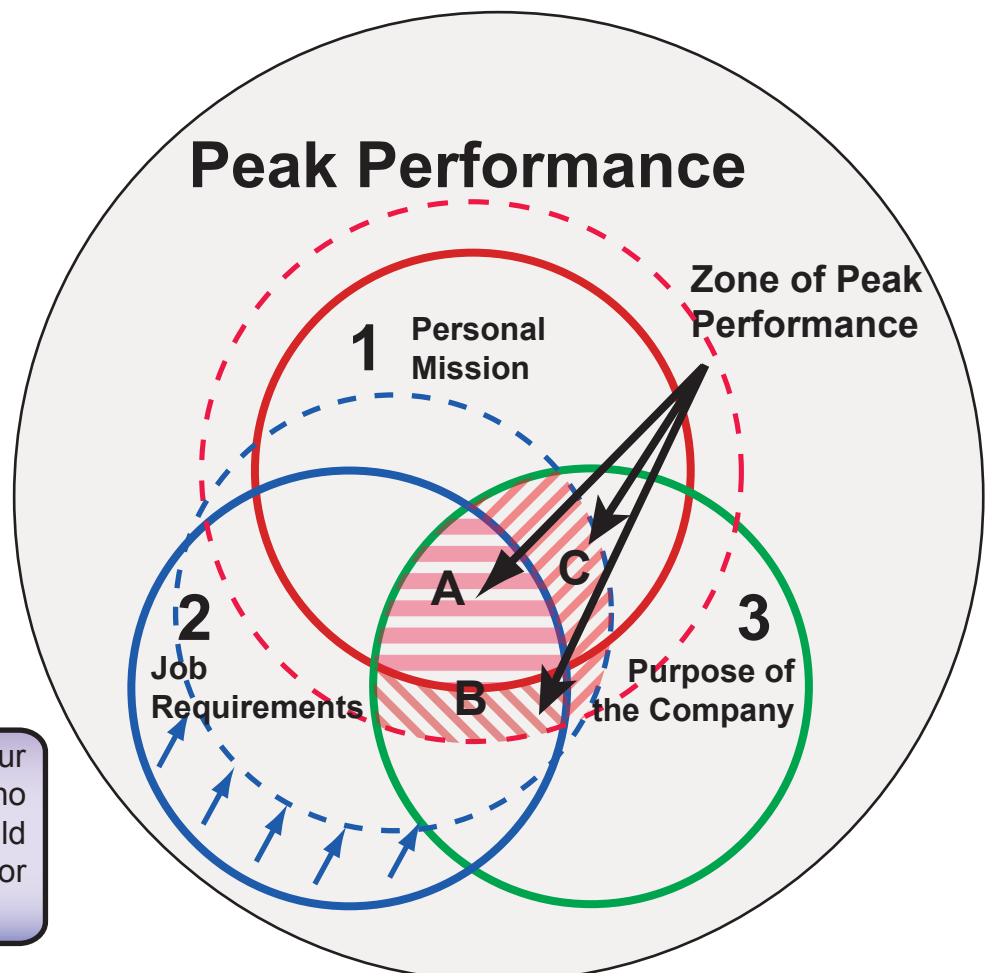


Peak Performance



Peak Performance: The concept that truly exceptional performance occurs when there is congruence among: (1) what an individual is most passionate about, (2) that person's actual job responsibilities and, (3) the mission and purpose of the organization of which he or she is a part. [Originated by Charles Garfield in his book Peak Performers.]

Notice that in the top left diagram the zone of peak performance is relatively small. The zone of peak performance can be expanded (lower diagram). Cultivating additional interests can expand "personal mission" (area B). Modifying job responsibilities can gain more congruence between personal mission and job requirements (area C).



What can you do to expand your zone of peak performance? Who can help you do this? Why would this be a good idea? For you? For the organization?

Charles A. Garfield originated the Peak Performance model and explains the concepts in his book Peak Performers: The new heroes of American business