

The Cycle of Resilience

- **Anticipate & Assess Risks** Prevention (eliminate risk)
- Mitigation (decrease risk)
- Strengthen (improve ability to withstand)
- Agencies & Individuals Preparedness of emergency Response, Relief & Recovery

Capabilities

Capacity

Response

♦ Incident management

Life safety

Incident stabilization

Limit property loss

Rescue

Assistance

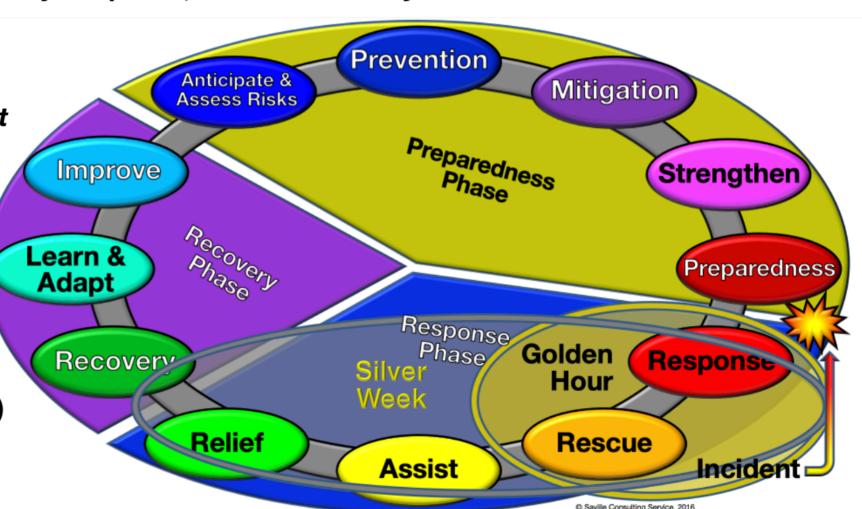
Relief

Recovery (rapid)

Learning and Adapting

Improvement (systemic)

Definition: Community resilience is the capability to anticipate risk, limit impact, and bounce back rapidly through surviving, adapting and learning in the face of disruptive shocks and stresses.



Responders
Responders
REmergency
Services

Relief Agencies

Relief Agencies