

WHOLE MILK 8 OZ

Nutrition Facts

| | |
|--------------------------|-----------------|
| -- | |
| Serving size | (8oz) |
| Amount per serving | |
| Calories | 150 |
| | % Daily Value * |
| Total Fat 8g | 12% |
| Saturated Fat 5g | 25% |
| <i>Trans</i> Fat 0g | |
| Cholesterol 35mg | 12% |
| Sodium 115mg | 5% |
| Total Carbohydrate 11g | 4% |
| Dietary Fiber 0g | 0% |
| Total Sugars 11g | |
| Includes 0g Added Sugars | 0% |
| Protein 8g | 16% |
| Vitamin A | 6% |
| Vitamin D | 25% |
| Calcium | 30% |
| Iron | 0% |
| Vitamin C | 4% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK AND VITAMIN D3.

*FEDERAL TESTS HAVE PROVEN
THAT NO SIGNIFICANT DIFFERENCE
HAS BEEN SHOWN BETWEEN MILK
DERIVED FROM rBST AND NON-rSBT
TREATED COWS.

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