# Tommy Lee Barbosa

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### **Education**

#### Veteran of the U.S. Navy

March 2005 - March 2009

# University of Texas Pan American: Edinburg, Texas

Bachelors in Psychology
Masters in Rehabilitation Counseling
2012

### **Summary of Qualifications**

Certified Rehabilitation Counselor March 2014 Licensed Professional Counselor January 2015

# **Work History**

## Armed Forces, United States Navy

March 2005 - March 2009

Gunnersmate 2<sup>nd</sup> Class, Vertical Launching Systems Technician Work Center Supervisor: 2007-2009 Division size, 10 Visit Board Search and Seizure Boat Team Leader

#### Kid Abilities Children's Rehabilitation

September 2011 - January 2013

Physician Liaison: Responsible for visiting physicians offices to obtain referrals for children with speech, physical, and occupational disabilities

# South Texas Chronic Pain Institute

March 2015 - May 2017

Psychotherapy: treated patients with chronic pain, depression, anxiety, PTSD, phobia, panic disorder and traumatic brain injury in a workers compensation arena.

# BetterHelp.com

June 2017 - May 2018

Psychotherapy: Formaly treated patients on this web-based platform contractually. I treated members who were experiencing mental health issues ranging from Major Depression to PTSD, and emotional and physical abuse, marriage and family counseling and other mood disorders.

#### Superior Health Plan

May 2018 - Present

Behavioral Case Manager: I'm currently employed by Superior Health Plan assessing our member's behavioral health needs post-discharge impatient hospitalization. Provide member's with full support and community resources to transition well

after hospitalizations. Member's mental health issues include suicidal ideation and attempts, major depression, bi-polar disorder, schizophrenia, and other disorders.

# Marini & Associates:

May 2013 - Present

McAllen, Texas 2014 - present Forensic Rehabilitation Consultant/Associate

### **Training**

# South Texas Chronic Pain Institute:

March 2015 - May 2017

McAllen, Texas as a Licensed Professional Counselor
Worked Directly under Board Certified Psychiatrist and Medical Doctor,
Elisa G.Sanchez, M.D./Medical Director insuring evidenced based
practice techniques are being utilized.

- Chronic Pain Program Coordinator
- Traumatic Brain Injury Program Coordinator
- Intake interviews to assess patients current functioning level
- Psychiatric evaluation and diagnose patient according to the DSM
   5 and ICD 10
- Conduct group and individual therapy to treat various disorders such as Major Depression, Anxiety and Panic Disorder, Post traumatic Stress Disorder, Specific Phobias, and Chronic

Pain.

- Coordinate individual counseling session using Cognitive Behavioral Therapy
- Conduct group therapy session to include cognitive rehabilitation skills training for Traumatic Brain Injury patients who have sustained head injury on the job.
- Working under Dr. Gabriel Jasso, Neuropsychologist; Clinical Psychologist in administering tests and treating traumatic brain injury patients.

#### Marini & Associates:

May 2013 - Present

McAllen, Texas 2014 - present Forensic Rehabilitation Consultant/ Associate

- Conduct intake interviews and generate intake reports
- Review and summarize medical records and depositions
- Contribute to the completion of life care plans and vocational assessments and loss of wages reports.
- Observed and composed reports regarding expert forensic testimony and Social Security Administration hirings

# **Computer Skills**

Computer Literacy: Excellent Latest Microsoft Office: Excellent Mac Platform: Excellent

# Language Skills

English - Excellent (Reading, Writing, Speaking and Understanding)
Spanish - Good (Reading, Writing, Speaking and Understanding)

\*Currently conducting therapeutic intervention in both English and Spanish.