In Ecclesiastes 4:1 Solomon is describing how, living without God ("under the sun,") one's world is very violent and oppressive.

"Then I returned and all the		
that is done		
: And look! The tears of the		
oppressed, But they have no		
On the side of their		
oppressors there is power, But they have		
no comforter. Ecclesiastes 4:1		

considered oppression under the sun comforter



Solomon is also describing how people living "under the sun" have no one to turn to for relief and comfort!



#### Life "under the sun" is a terrible existence:

<sup>2</sup> Therefore I praised the dead who were already dead, More than the living who are still alive. <sup>3</sup> Yet, better than both *is he* who has never existed, Who has not seen the evil work that is done \_\_\_\_\_\_

\_\_\_\_\_." Ecclesiastes 4:2,3

under the sun

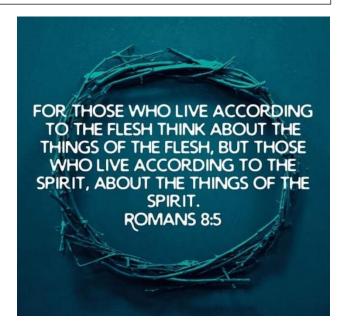
### Romans 7:15-24 illustrates an oppressive life without the comfort of the Holy Spirit:

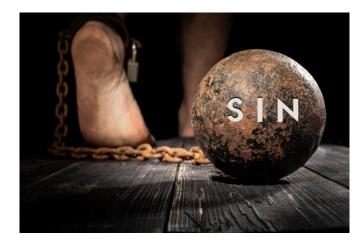
<sup>15</sup> For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. <sup>16</sup> If, then, I do what I will not to do, I agree with the law that it is good. 17 But now, it is no longer I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find. <sup>19</sup> For the good that I will to do, I do not do; but the evil I will not to do, that I practice. <sup>20</sup> Now if I do what I will not to do, it is no longer I who do it, but \_\_\_\_\_ . <sup>21</sup> I find then a law, that evil is present with me, the one who wills to do good. <sup>22</sup> For I delight in the law of God according to the \_\_\_\_\_ \_\_\_\_\_. <sup>23</sup> But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. 24 O wretched man that I am! Who will deliver me from this body of death?" Romans 7:15-24

sin that dwells in me

sin that dwells in me

inward man







## Romans 8 illustrates life with the comfort of the Holy

<b>Spirit:</b> <sup>1</sup> There is therefore now no		
to those who are in Christ Jesus, who		
do not walk according to the flesh, but according to the		
<sup>2</sup> For the law of the Spirit of life in Christ		
Jesus has made me from the		
and death <sup>5</sup> For those who live according to		
the flesh set their minds on the things of the flesh, but		
those who live according to the Spirit, the things of the		
Spirit. <sup>6</sup> For to be carnally minded <i>is</i> death, but to be		
. <sup>7</sup> Because the carnal mind <i>is</i> enmity against		
God; for it is not subject to the law of God, nor indeed		
can be." Romans 8:1-7		

condemnation Spirit free law of sin spiritually minded *is* life and peace

Anoa Franço Special, Anoa France		
and fights come from among you? Do they not come from your	get relief and comfort from the world: "Where do wars that war in your members? 2 You lust and do war. Yet you do not have because you do not ask. 3 You ask and do not" James 4:1-3	
desires for pleasure spend it on your pleasures		
	ef and comfort: "Adulterers and adulteresses! Do you not know efore wants to be a friend of the world makes himself an enemy of God." "? <sup>6</sup> But He gives grace to the humble." James 4:4-6	
The Spirit who dwells in us yearns jealously		
submit to God. Resist the devil and he will flee from you.	uffering and looking for relief and comfort: "Therefore and He will draw near to you. Cleanse your ament and mourn and weep! Let your laughter be turned to mourning of the Lord, and He will lift you up" James 4:7-10	
James 4:4	Draw near to God, and he will draw near to you.	

DONT YOU KNOW THAT
friendship with the world
IS HATRED
TOWARD GOD? ANYONE WHO
CHOOSES TO BE A FRIEND OF
THE WORLD
becomes an enemy of God.

John chapters 14, 15, and 16 contain a message about Holy Spirit comfort that was only directly to and for the apostles. This same message is indirectly to us living in this world today! The apostles enjoyed a miraculous measure of Holy Spirit help and comfort. They did not have the Scriptures to read and study.

We receive a non-miraculous measure of help and comfort of the Holy Spirit, as we read and study the Scriptures: ""that we through the patience and

might have	e
hope. 5 Now may the God o	$\mathbf{f}$
patience and	grant
you to be like-minded towar	d one
another, according to Christ	
Jesus." Romans 15:4-5	

comfort of the Scriptures
Comfort



The phrase "another helper" means that the Holy Spirit was offering the same comfort and help to the apostles like Jesus was providing: "And I will pray the Father, and He will give you

\_\_\_\_\_\_\_ ... the Spirit of truth ..."

John 14:16,17

Another Helper

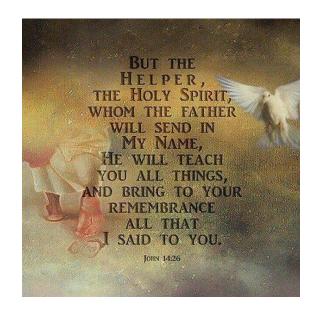


The Holy Spirit comforts us with		
peace: "But		
, whom the Father		
will send in My name, He will teach		
you all things, and bring to your		
remembrance all things that I said to		
you. <sup>27</sup> Peace I leave with you, My		
peace I give to you; not as the world		
gives do I give to you. Let not your		
heart be troubled, neither let it be		
afraid. John 14:26-27		
the Helper, the Holy Spirit		

# Here is the definition for the word "Helper" in Vines Dictionary:

**A** − 5: παράκλητος (Strong's #3875 — Noun Masculine — parakletos — par-ak'-lay-tos ) "called to one's side," i.e., to one's aid is primarily a verbal adjective, and suggests the capability or adaptability for giving aid. It was used in a court of justice to denote a legal assistant, counsel for the defense, an advocate; then, generally, one who pleads another's cause, an intercessor, advocate, as in 1 John 2:1, of the Lord Jesus. In the widest sense, it signifies a "succorer, comforter." Christ was this to His disciples, by the implication of His word "another (allos, "another of the same sort," not heteros, "different") Comforter," when speaking of the Holy Spirit, John 14:16. In John 14:26; 15:26; 16:7 He calls Him "the Comforter." "Comforter" or "Consoler" corresponds to the name "Menahem," given by the Hebrews to the Messiah.

Therefore, Vines Dictionary is telling us that the Holy Spirit took over Jesus' role on earth as an advocate, comforter and helper to people who ask for and receive Him into their hearts!



My little children, these things write I to you, that you sin not. And if any man sin, we have an advocate with the Father...

—1 John 2:1

What are three words that describe the Holy Spirit?

Comforter, Helper, Advocate



#### Here are some Scriptures about Holy Spirit comfort, help and peace:

"Then the churches throughout all Judea, Galilee, and Samaria had peace and were edified. And walking in the fear of the Lord and \_\_\_\_\_, they were multiplied.

Acts 9:31

in the comfort of the Holy Spirit





"Blessed *be* the God and Father of our Lord Jesus Christ, the Father of mercies and \_\_\_\_\_

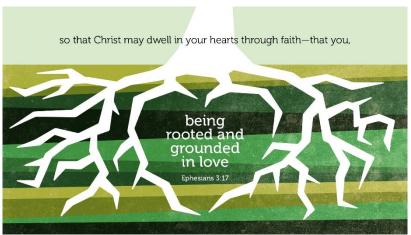
<sup>4</sup> who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God.

2 Corinthians 1:3-4

God of all comfort

God designed the church to equip its members to survive and thrive in this hostile world:				
"For the of the saints for the work of ministry, for	the of the body of Christ, Ephesians 4:12			
equipping edifying				
'Finally, my brethren, and in the power of His might. <sup>11</sup> Put on the whole armor of God,				
that you may be able to stand against the wiles of the devil. <sup>12</sup> For we do not wrestle against flesh and blood, but against				
principalities, against powers, against the rulers of the darkness of	this age, against spiritual hosts of wickedness in the			
heavenly <i>places</i> . Therefore,	that you may be able to withstand in the			
evil day, and having done all, to stand." Ephesians 6:10-13				
be strong in the Lord take up the whole armor of God				





God's prayer is for you to have this strong level of Holy Spirit help and comfort:  "That He would grant you, according to the riches of His glory, to be			
with might, dwell in your hearts through faith; that you, being roote may be able to comprehend with all the saints what <i>is</i> the depth and height <sup>19</sup> to know the love of Christ which paramy be filled with all the" Ephe	he width and length and asses knowledge; that you		
strengthened through His Spirit in the inner man	fullness of God		