## Replace Worldly Thoughts with God's Thoughts!



The brain is continually plastic, which means every time you learn a new fact, meet a new person and/or engage in some new task, your brain changes.

Recent science reveals that brain plasticity does not end in childhood. With 86 billion neurons and 5,000 possible connections for each neuron, the brain has the ability to rewire itself. This is neuroplasticity and learning.

## Replace Worldly Thoughts with God's Thoughts!

"Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your souls" (James 1:21).



"Therefore, laying aside all malice, all deceit, hypocrisy, envy, and all evil speaking, as newborn babes, desire the pure milk of the word, that you may grow thereby..." (1 Peter 2:1-3).



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How do we prevent bending down to hit the ball? Establish your proper posture and maintain it during the swing.

Once you complete your back swing, which arm is to pull the swing?

Your Lead/Left arm is to pull down.

On the down swing, when is your trailing/right arm to kick in? Right before contact with the ball.