

## Life Cycle Changes - Father/Son Relationships

Age 18 – 23 'Individualisation'	Age 23 - 28	Age 28 - 33	Age 35 – 45 'Deadline Decade'	Age 45 - 60	Age 60 - 65 Repeat 'Deadliners'
<ul style="list-style-type: none"> <li>Separating from families</li> </ul>	<ul style="list-style-type: none"> <li>Keeping options open</li> </ul>	<ul style="list-style-type: none"> <li>Urgent focus on direction of life</li> </ul>	<ul style="list-style-type: none"> <li>Turbulent life stage</li> </ul>	<ul style="list-style-type: none"> <li>Less competitive</li> </ul>	<ul style="list-style-type: none"> <li>Friends begin to die</li> </ul>
<ul style="list-style-type: none"> <li>If straight into family business - submit to dad at a time when can least tolerate it</li> </ul>	<ul style="list-style-type: none"> <li>Want stability</li> </ul>	<ul style="list-style-type: none"> <li>Re-appraise the past</li> </ul>	<ul style="list-style-type: none"> <li>Realisation that not all dreams will come true</li> </ul>	<ul style="list-style-type: none"> <li>Greater internal locus of control</li> </ul>	<ul style="list-style-type: none"> <li>Retirement looms (Retirement = Death)</li> </ul>
<ul style="list-style-type: none"> <li>Memories of adolescent conflicts with father</li> </ul>	<ul style="list-style-type: none"> <li>Feel pressured to 'grow up' - find direction, marry</li> </ul>	<ul style="list-style-type: none"> <li>Looking to the future</li> </ul>	<ul style="list-style-type: none"> <li>Fewer options</li> </ul>	<ul style="list-style-type: none"> <li>More philosophical</li> </ul>	<ul style="list-style-type: none"> <li>Compelled to demonstrate dominance over others</li> </ul>
<ul style="list-style-type: none"> <li>Energy &amp; drives at a high point</li> </ul>	<ul style="list-style-type: none"> <li>Testing identity in relationships</li> </ul>	<ul style="list-style-type: none"> <li>Committed to occupational choices that have been made</li> </ul>	<ul style="list-style-type: none"> <li>Recognition of own mortality - 'time is running out'</li> </ul>	<ul style="list-style-type: none"> <li>Value possessions less</li> </ul>	<ul style="list-style-type: none"> <li>Striving to give meaning to life</li> </ul>
		<ul style="list-style-type: none"> <li>More secure</li> </ul>	<ul style="list-style-type: none"> <li>Transition in families - kids grow up, leave home</li> </ul>	<ul style="list-style-type: none"> <li>More objective</li> </ul>	<ul style="list-style-type: none"> <li>Questioning people only reinforce self doubt and threaten control</li> </ul>
		<ul style="list-style-type: none"> <li>More realistic</li> </ul>	<ul style="list-style-type: none"> <li>Don't necessarily know what they want when they 'grow up'</li> </ul>	<ul style="list-style-type: none"> <li>Willing to teach &amp; mentor</li> </ul>	
		<ul style="list-style-type: none"> <li>Concerned with recognition and advancement</li> </ul>	<ul style="list-style-type: none"> <li>Urgently seeking independence &amp; recognition</li> </ul>		
			<ul style="list-style-type: none"> <li>Struggling with dependence, sexuality &amp; authority</li> </ul>		
			<ul style="list-style-type: none"> <li>Stormy relationships with wives &amp; mentors</li> </ul>		

*\* Based on work undertaken by Harvard psychologist Levinson, extracted from 'The Survival Guide for Business Families' - Gerald Le Van*

**Need help or assistance?**

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