



GRATITUDE	MUST FIX	Q1 Is there somewhere you have felt stuck below the clouds?	Q2 Who is someone that consistently helps you see above the clouds?
Happiness stems from gratitude. What do I have to be thankful for this week?	What are the unaddressed issues to fix this week? 1. 2. 3. 4. 5.		
TASKS	CONTACTS	FOCUS #1: _____	FOCUS #2: _____
What miscellaneous tasks do I need to take care of? ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	Who do I need to reach out to this week? ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	What is it? Why is it important? Who do I need help from? What does success look like?	What is it? Why is it important? Who do I need help from? What does success look like?
		FOCUS #3: _____	FOCUS #4: _____
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