



### GRATITUDE

### MUST FIX

### Q1 When have I caught myself measuring the gap instead of the gain?

### Q2 What have I accomplished that I'm proud of?

Happiness stems from gratitude. What do I have to be thankful for this week?

What are the unaddressed issues to fix this week?

- 1.
- 2.
- 3.
- 4.
- 5.

### TASKS

### CONTACTS

### FOCUS #1: \_\_\_\_\_

### FOCUS #2: \_\_\_\_\_

What miscellaneous tasks do I need to take care of?

Who do I need to reach out to this week?

- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 

- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 

- What is it?
- Why is it important?
- Who do I need help from?
- What does success look like?

- What is it?
- Why is it important?
- Who do I need help from?
- What does success look like?

### FOCUS #3: \_\_\_\_\_

### FOCUS #4: \_\_\_\_\_

- What is it?
- Why is it important?
- Who do I need help from?
- What does success look like?

- What is it?
- Why is it important?
- Who do I need help from?
- What does success look like?