Congregational Respite Ministries

A Lifeline for Caregivers

Robin Dill
Walking with Grace

What is Respite?

Respite is “a time out or a break” for caregivers and their loved ones with dementia

Congregational Respite Ministry is:

- Volunteer Driven Ministry with Paid Director
- Targets People Living with Dementia
- Housed within a Church Campus
- Daily Schedules of 4-5 hours;2-4 Days per week
- Affordable

“When someone gets dementia it’s not a question of …

Where is God, but where are the people of God.”


GRACE ARBOR
The Older Adult
of
The First United Me
of Lawrenc
First Anniversary

Caregivers are Supported By:

- Time out from caregiving
- Security of loved one being in a safe environment
- Educational Opportunities through workshops and speakers
- Support through Support Group
- Resources




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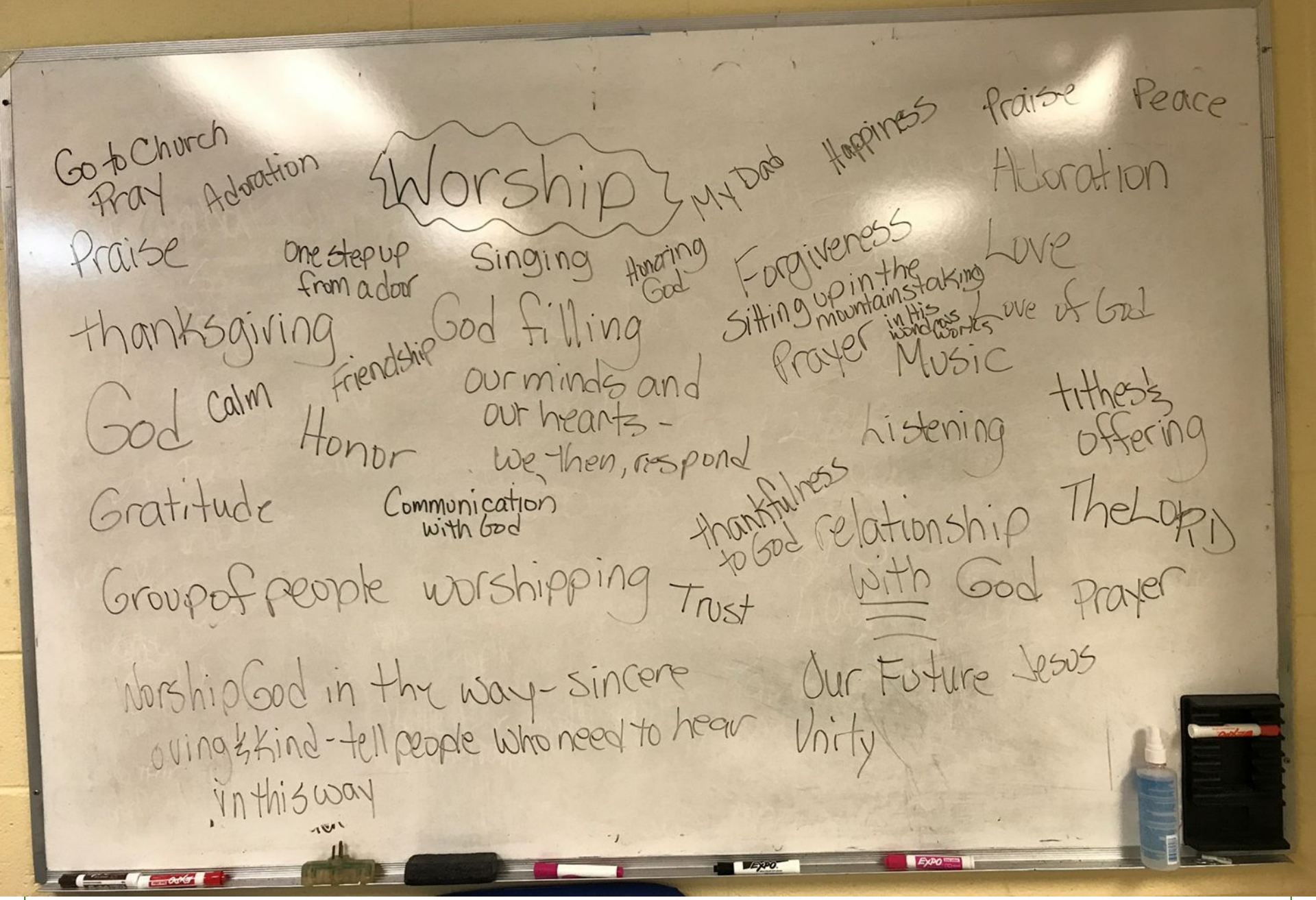

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Congregational Respite is for the Person living with Dementia

- Provides meaningful activities
- Provides social interaction with people who are also dealing with dementia
- Provides stimulation that they do not receive in the home
- Provides opportunities to serve others
- Provides community
- Provides joy and laughter
- Enhances quality of life


Worship
Go to Church
Pray
Adoration
Praise
thanksgiving
God
Gratitude
Group of people worshipping
Worship God in the way - sincere loving & kind - tell people who need to hear in this way
One step up from a door
Friendship
calm
Honor
Communication with God
Singing
Honoring God
God filling our minds and our hearts - we, then, respond
Trust
My Dad
Happiness
Praise
Peace
Alleration
Forgiveness
Sitting up in the mountains taking
Prayer
in His words
Love
Love of God
Music
Listening
tithes & offering
thankfulness to God
relationship with God
The Lord
Prayer
Our Future
Jesus
Unity

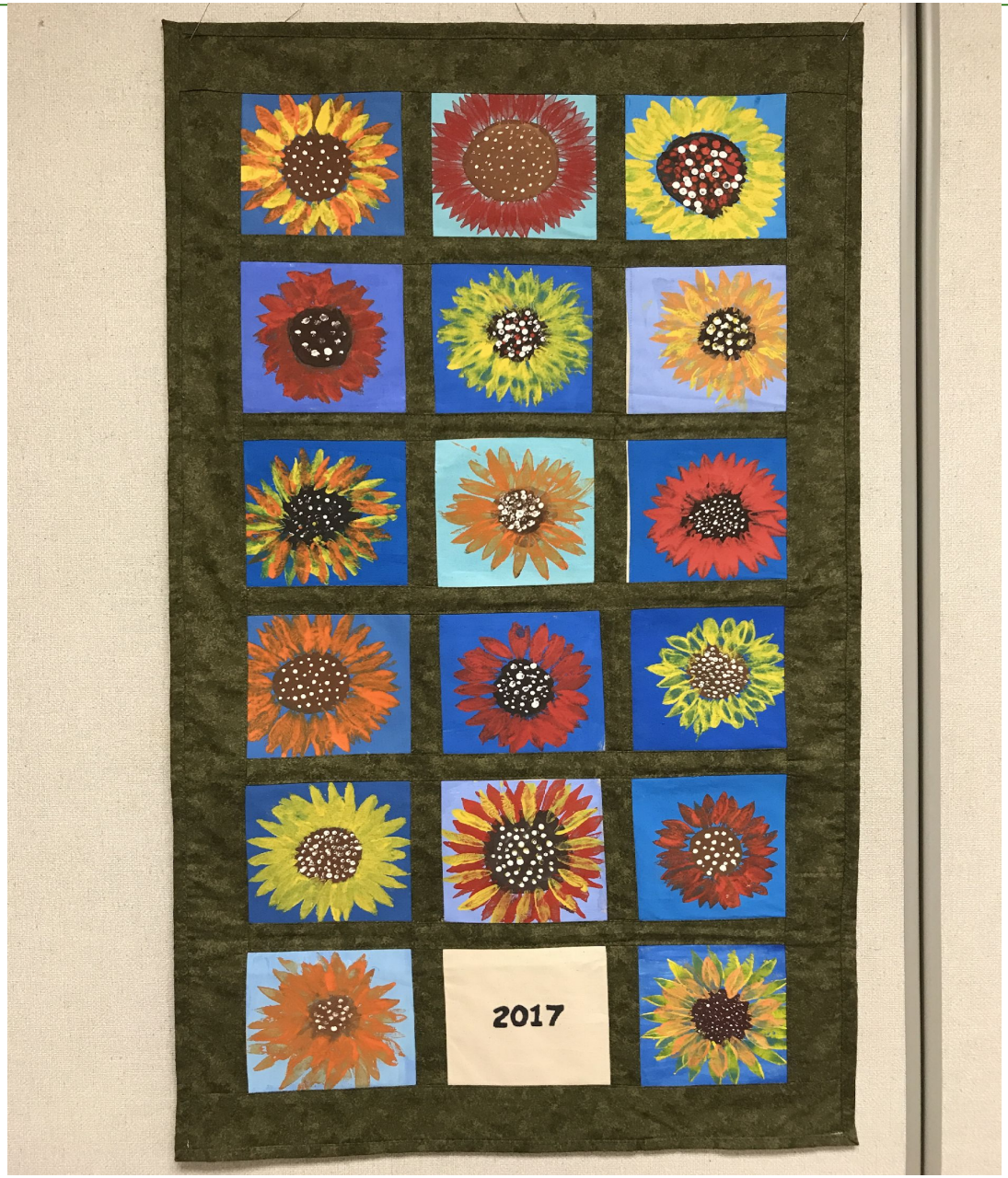



Great Value
CLASSIC DECAF







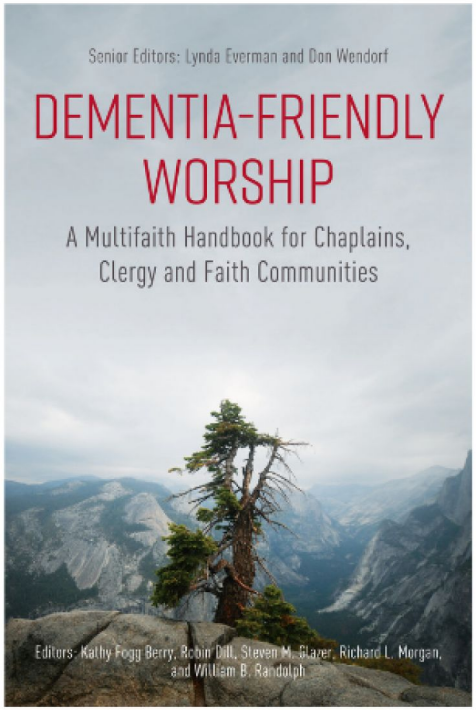

2017


Lois
PLEASE DON'T PET ME
Canine Assistants

How the Church Benefits from Respite Ministries

- Expands existing care ministries to include caregivers and their loved ones with dementia
- Opportunity for Community Outreach beyond Wednesday nights and Sundays
- Respite Ministries align with scriptural reference to “care for the least of these”
- Opportunity to be on the “cutting edge” of support by meeting the tsunami of burden that dementia brings a family with love and grace
- Volunteer opportunities for older adults plus…

Dementia Friendly Worship




GRACE ARBOR
LOVE
EXIT
10th


GREYHOUNDS


GRACE ARBOR
LOVE






RIDING FOR
CHRISTIAN MOTORCYCLISTS
ASSOCIATION
THE SON





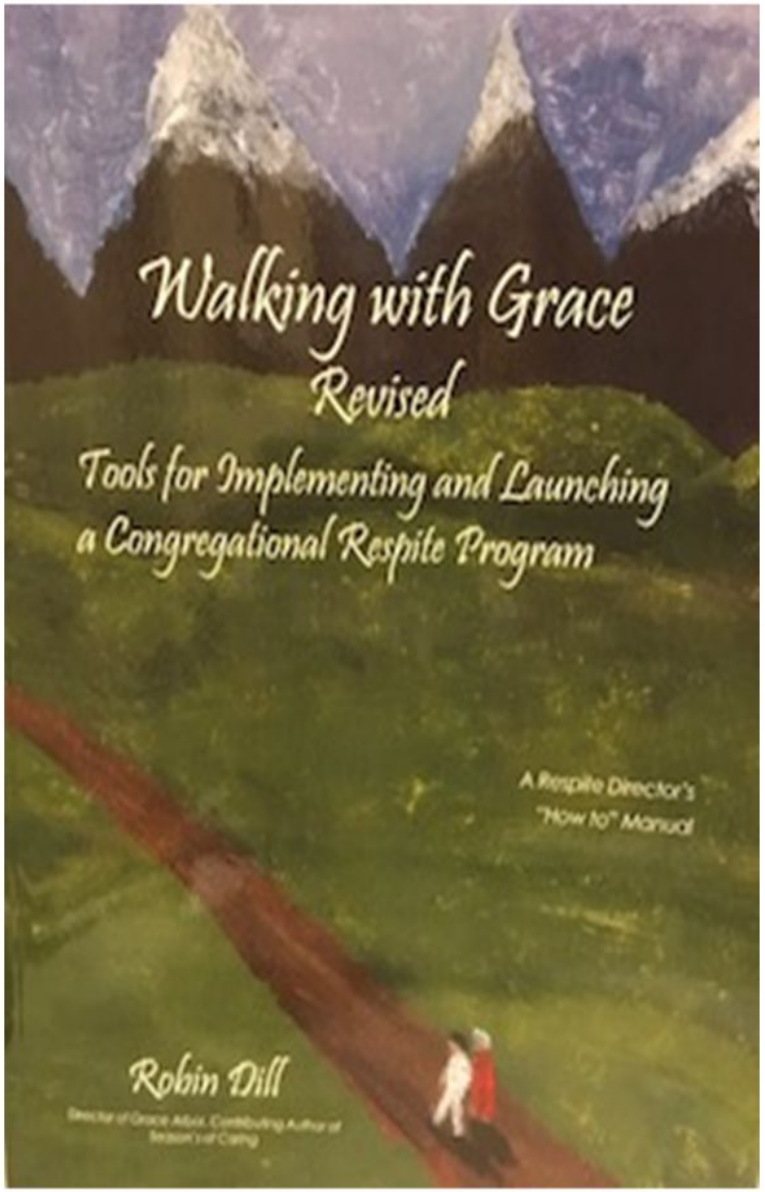
How to Begin…

- Needs Assessment
- Prayer and Interest Support
- Considering the Cost and Resources Available
- Space Assessment and Possible Renovations Needed
- Hiring a Director
- Recruiting Volunteers and Training
- Interviewing Caregivers/Potential Participants
- Advertising

Help is Available

- Respite for All Foundation-www.respiteforall.org
  - Training, conferences, videos, director support, research, and documentary (Belonging)
- My book *Walking with Grace Revised*
  - Respite ministry training and mentoring
- Existing Respites invite you to come and see


John
Brooke
Robin
Bucky
Joe


Walking with Grace
Revised
Tools for Implementing and Launching
a Congregational Respite Program
A Respite Director's
"How to" Manual
Robin Dill

Testimonials

- Respite for All Foundation 2024 video: Daphne Johnston, Director in Montgomery, AL
- Katie Holland, Director, Respite Ministry at FUMC Dothan, AL

Respite For All

https://www.youtube.com/watch?v=Sr7FmLyhLFc



Katie Holland

https://www.youtube.com/watch?v=EgxEZkf7j2U



What if we say

NO!

What would we lose?



THANK YOU FOR JOINING US TODAY!

Your donation helps us build dementia preparedness in our communities with impactful programs like this symposium.

AND, PLEASE COMPLETE YOUR SURVEY !

ALZHEIMER'S ASSOCIATION

GEORGIA CHAPTER

Beyond Dementia Coalition

2025 DOUBLING DOWN on Dementia DEMENTIA SYMPOSI