

Episode 5 - WITH WHAT PURPOSE

GRATITUDE	MUST FIX	Q1 In your work, do you have a purpose?	Q2 In your life, what do you value the most?
Happiness stems from gratitude. What do I have to be thankful for this week?	What are the unaddressed issues to fix this week?		
	1.		
	2.		
	3.		
	4		
	4.		
	5.		
TASKS	CONTACTS	FOCUS #1:	FOCUS #2:
What miscellaneous tasks do I need to take care of?	Who do I need to reach out to this week?		
		What is it?	What is it?
		Why is it important?	Why is it important?
		Who do I need help from?	Who do I need help from?
		What does success look like?	What does success look like?
		FOCUS #3:	FOCUS #4:
		What is it?	What is it?
		Why is it important?	Why is it important?
		Who do I need help from?	Who do I need help from?
		What does success look like?	What does success look like?