

## Breaking the Last Chains: A Reckoning with Essence By Chief Okasamafo Anokye Oware

There are moments in life when we think we've broken free—when we believe that knowledge has liberated us from the chains of falsehood. But what happens when, in an instant of crisis, the subconscious mind betrays our conscious awakening?

I was in Cancun, riding a Seadoo, battling the relentless waves of the Gulf of Mexico. The water roared, the current fought back, and for a brief, terrifying moment, I thought I would be swallowed by the sea. Panic surged through me, and before I could even process the thought, my mouth uttered a cry—not to the forces of nature, not to my ancestors, not even to the Sekhem energy that I know sustains me.

Instead, I called out to Jesus.

The name that had been ingrained in me for six decades, the name of a figure that never truly existed in the way we were taught, was the one that surfaced in my moment of fear. Even knowing the history—knowing that “Jesus” was a European construct, a Romanized distortion of the revolutionary Yeshua who stood against empire—I still called on that name.

And that moment shook me.

### The Depth of Religious Indoctrination

This experience was not just a personal reflection; it was a lesson in how deep the psychological chains of colonial religion run. Even after writing *Human Origins: Intelligent Synthesis*, even after uncovering the genetic and historical reality of our Alkebulanian roots, even after centering my work in the essence of Ma'at—a fragment of the imposed narrative still lingered in my subconscious.

This is the depth of the struggle. It is not just about knowing the truth—it is about reprogramming our very being so that when we reach for salvation, we do not grasp the tools of our oppression.

This is where Human Origins Volume II: Sekhem Threads in the Alkebulanian Tapestry of Being becomes critical. The first volume laid the groundwork by synthesizing historical, genetic, and AI-derived truths. But Volume II? It is about the reckoning with our essence.

Because the truth is this:

- Every human being on this planet, regardless of skin tone, traces their lineage back to Alkebulan.
- Every adaptation, every migration, every phenotypical shift is simply a response to the conditions that began in the womb of the Motherland.
- Whether acknowledged or denied, the Sekhem energy that sustained the First People still pulses through every living being today.

But willful ignorance is a powerful drug. The forces of anti-wokeness, of erasure, of deliberate blindness to history, have convinced the world that white supremacy is a natural order rather than a fabricated lie.

A Reckoning is Coming

It does not matter if they resist. It does not matter if they rewrite textbooks, outlaw certain discussions, or cling to their delusions of superiority. The genetic memory of Alkebulan is indelible. It cannot be erased—it can only be suppressed. And suppression is never permanent.

This is why Unleashing Minds, Nurturing Futures exists—not just as a website, but as a portal to liberation. Parents, educators, seekers—anyone who wants to plant the seeds of holistic

knowledge—must be able to free themselves and their children from the mental captivity that still lingers.

Because moments like mine—when the waves crash, when fear takes over, when we default to what was programmed into us—are proof that breaking free is not just intellectual. It is neurological, spiritual, and deeply emotional.

It is time for the last chains to be broken.

It is time for the Sekhem Threads to be rewoven into the collective consciousness.