



GRATITUDE

MUST FIX

Q1 Is there a conversation that I've been avoiding?

Q2 Do I model addressing issues properly? Or do I let things build?

Happiness stems from gratitude. What do I have to be thankful for this week?

What are the unaddressed issues to fix this week?

- 1.
- 2.
- 3.
- 4.
- 5.

TASKS

CONTACTS

FOCUS #1: _____

FOCUS #2: _____

What miscellaneous tasks do I need to take care of?

Who do I need to reach out to this week?

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What is it?

Why is it important?

Who do I need help from?

What does success look like?

FOCUS #3: _____

What is it?

Why is it important?

Who do I need help from?

What does success look like?

FOCUS #4: _____

What is it?

Why is it important?

Who do I need help from?

What does success look like?

What is it?

Why is it important?

Who do I need help from?

What does success look like?