

ITEM #:76012
BLOUNT SOUPS

Case UPC: 000779587860126
 Item UPC: N/A



[REFRIGERATED]

ORGANIC Coconut Lentil Soup

An Indian style soup that combines Organic Lentils, Coconut milk, Curry and other traditional spices.



Nutrition Facts

Serving Size 8oz (227g)
 Servings Per Container 8

Amount Per Serving

Calories 180 **Calories from Fat 35**

Total Fat 4g **6%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 670mg **28%**

Total Carbohydrate 27g **9%**

Dietary Fiber 9g **36%**

Sugars 3g

Protein 11g

Vitamin A 50% • **Vitamin C 6%**

Calcium 6% • **Iron 20%**

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Vegetable Stock* (Water, Vegetable Base* [Vegetables* (Carrots*, Tomatoes*, Onions*, Potatoes*, Garlic*), Sea Salt, Dextrose*, Cane Sugar*, Canola Oil*, Spices*, Turmeric*]), Lentils* & Red Lentils*, Water, Onions*, Coconut Milk* (Coconut Milk, Water, Xanthan Gum), Carrots*, Spinach*, Garlic*, Corn Starch*, Canola Oil*, Curry Powder* (Spices*, Turmeric*), Lemon Juice*, Sea Salt and Spices*.

*Organic Ingredient

CONTAINS: Tree Nuts (Coconut)

Case Configuration:

Case Pack: 4/4lb bags

Net Weight: 16 lb

Gross Weight: 17.5 lb

Case Cube: 0.43

Pallet Information

HI/TI: 5/18

Cases per Pallet: 90

Dimensions

Length: 13.32"

Width: 7.82"

Height: 7.14"